

Information For the User
Torsemide 10mg + Spironolactone 50mg

Torslide S 10/50

Name of the Product: Torslide S 10/50

Composition: Each uncoated tablet contains:

Torsemide IP 10 mg

Spironolactone IP 50 mg

Dosage Form: Tablet

Description:

Torslide S 10/50 is a fixed-dose combination of Torsemide, a loop diuretic, and Spironolactone, a potassium-sparing diuretic and aldosterone antagonist. This combination offers effective diuresis while minimizing potassium loss. It is used in the management of conditions associated with fluid overload, such as congestive heart failure, liver cirrhosis, and certain renal disorders, while helping maintain electrolyte balance.

Indications:

Indicated for the treatment of edema associated with:

- Congestive heart failure
- Hepatic cirrhosis
- Renal disease including nephrotic syndrome
- As adjunct therapy in the management of hypertension when dual diuretic action is beneficial

Mechanism of Action:

Torsemide acts on the thick ascending limb of the loop of Henle, inhibiting the $\text{Na}^+/\text{K}^+/2\text{Cl}^-$ cotransporter, leading to excretion of sodium, chloride, and water.

Spironolactone acts as a competitive antagonist of aldosterone at mineralocorticoid receptors in the distal tubules, promoting sodium and water excretion while conserving potassium.

Dosage and Administration:

The usual dose is one tablet once daily or as directed by the physician. The dose may be adjusted based on the patient's clinical response and electrolyte levels. It is advised to take the tablet at the same time each day, preferably in the morning to avoid nocturia.

Contraindications:

- Hypersensitivity to either component
- Anuria
- Acute renal failure
- Addison's disease
- Hyperkalemia
- Concomitant use with eplerenone or potassium supplements

Warnings and Precautions:

- Regular monitoring of serum electrolytes, renal function, and blood pressure is recommended
- Use with caution in patients with hepatic or renal impairment
- Risk of hyperkalemia, particularly in elderly or in combination with ACE inhibitors
- Not recommended during pregnancy or lactation unless clearly needed

Adverse Effects:

Common: Hyperkalemia, dizziness, headache, hypotension, nausea

Less common: Gynecomastia (from spironolactone), dehydration, electrolyte imbalance

Rare: Arrhythmias, renal dysfunction, metabolic acidosis

Storage:

Store in a cool, dry place below 30°C. Protect from light and moisture. Keep out of reach of children.

Schedule: Schedule H Prescription Drug – To be sold by retail on the prescription of a Registered Medical Practitioner only.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for